

## 2026 Spring Series • Studio Group Classes

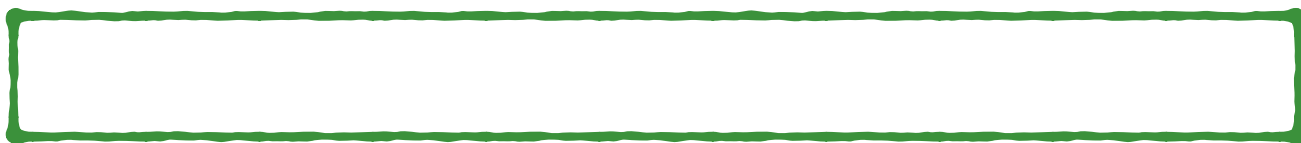
### April Δ May Δ June

| Time     | Monday           | Tuesday       | Wednesday            | Thursday  | Friday       | Saturday  |
|----------|------------------|---------------|----------------------|-----------|--------------|-----------|
| 8:30 AM  |                  |               |                      |           |              | Apparatus |
| 9:00 AM  | Apparatus        |               | Apparatus            |           | Mat•Flow 4/5 |           |
| 9:30 AM  |                  |               |                      |           |              | Apparatus |
| 10:00 AM | Mat 4/5          |               | Apparatus            | Apparatus |              |           |
| 10:30 AM |                  |               |                      |           |              | Mat 2/3   |
| 11:00 AM |                  | Apparatus•Adv |                      |           |              |           |
| 12 noon  | Teacher's Lab    |               |                      |           |              |           |
| 4:00 PM  | Mat 4            |               | Apparatus            |           |              |           |
| 5:00 PM  | V's Pilates Lab* | Apparatus     | Apparatus 2          |           |              |           |
| 6:00 PM  | Apparatus        | Apparatus     | Mat 4/5 with Release |           |              |           |

### Studio Group Class Fees

| Month             | Monday       | Tuesday      | Wednesday    | Thursday     | Friday       | Saturday     |
|-------------------|--------------|--------------|--------------|--------------|--------------|--------------|
| April             | \$105        | \$140        | \$175        | \$175        | \$105        | \$105        |
| May               | \$105        | \$140        | \$140        | \$140        | \$175        | \$175        |
| June              | \$70         | \$56         | \$49         | \$49         | \$56         | \$56         |
| <b>Series Fee</b> | <b>\$280</b> | <b>\$336</b> | <b>\$364</b> | <b>\$364</b> | <b>\$336</b> | <b>\$336</b> |

|  |             |             |             |             |             |             |
|--|-------------|-------------|-------------|-------------|-------------|-------------|
| <b>By booking the full series, you SAVE!</b> | <b>\$70</b> | <b>\$84</b> | <b>\$91</b> | <b>\$91</b> | <b>\$84</b> | <b>\$84</b> |
|--|-------------|-------------|-------------|-------------|-------------|-------------|



\* the above rates are for 1 group studio class on that day, payable as a full series to receive the **Discounted Series rate** \*(an over 14% savings!!). The Drop-In or non-series fee is \$35 per class session.  
 For example, if you are taking a group class on Monday & Wednesday, you pay \$ 280 for April. If you are taking Zoom •kor• Group & a Saturday Studio: April's payment is \$ 210  
*\*All fees include applicable taxes\**

#### \*New Class for 2026\*

#### Veronica's Pilates Lab

This is a chance to explore the full Pilates studio. Using a mix of classic apparatus and small equipment, each class feels a little different—encouraging curiosity, challenge, and a deeper relationship with your practice.

#### •Studio Closures•

April 3<sup>rd</sup> - 6<sup>th</sup> - **Re-open on the 7<sup>th</sup>** • Good Friday/Easter•  
 May 18<sup>th</sup> • Monday •Victoria Day•  
 June 29<sup>th</sup> - July 5<sup>th</sup> - **Re-open on the 6<sup>th</sup>** - Canada Day Break