

2026 Spring Series • Studio Group Classes

April Δ May Δ June

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 AM						Apparatus
9:00 AM	Apparatus		Apparatus		Mat•Flow 4/5	
9:30 AM						Apparatus
10:00 AM	Mat 4/5		Apparatus	Apparatus		
10:30 AM						Mat 2/3
11:00 AM		Apparatus•Adv				
12 noon	Teacher's Lab					
4:00 PM	Mat 4		Apparatus			
5:00 PM	V's Pilates Lab*	Apparatus	Apparatus 1			
6:00 PM	Apparatus	Apparatus	Mat 4/5 with Release			

Studio Group Class Fees

Month	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April	\$105	\$140	\$175	\$175	\$105	\$105
May	\$105	\$140	\$140	\$140	\$175	\$175
June	\$70	\$56	\$49	\$49	\$56	\$56
Series Fee	\$280	\$336	\$364	\$364	\$336	\$336

By booking the full series, you SAVE!	\$70	\$84	\$91	\$91	\$84	\$84
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* the above rates are for 1 group studio class on that day, payable as a full series to receive the **Discounted Series rate** *(an over 14% savings!!). The Drop-In or non-series fee is \$35 per class session.
 For example, if you are taking a group class on Monday & Wednesday, you pay \$ 280 for April. If you are taking Zoom
 •kor• Group & a Saturday Studio: April's payment is \$ 210
All fees include applicable taxes

New Class for 2026

Veronica's Pilates Lab

This is a chance to explore the full Pilates studio. Using a mix of classic apparatus and small equipment, each class feels a little different—encouraging curiosity, challenge, and a deeper relationship with your practice.

•Studio Closures•

April 3rd - 6th - **Re-open on the 7th** • Good Friday/Easter•
 May 18th • Monday •Victoria Day•
 June 29th - July 5th - **Re-open on the 6th** - Canada Day Break