

# 2026 Winter Series • Studio Group Classes

## JANUARY Δ FEBRUARY Δ MARCH

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 AM						Apparatus
9:00 AM	Apparatus		Apparatus		Mat•Flow 5	
9:30 AM						Apparatus
10:00 AM	Mat 4/5		Apparatus	Apparatus		
10:30 AM						Mat 2/3
11:00 AM		Apparatus•Adv				
12 noon	Teacher's Lab					
4:00 PM	Mat 4		Apparatus			
5:00 PM	V's Pilates Lab*	Apparatus	Apparatus 1			
6:00 PM	Apparatus	Apparatus	Mat 4/5 with Release			
7:00 PM		Apparatus				

## Studio Group Class Fees

Month	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January	\$140	\$140	\$140	\$140	\$140	\$140
February	\$105	\$140	\$105	\$105	\$105	\$105
March	\$63	\$56	\$63	\$63	\$63	\$63
Total Value:	\$385	\$420	\$385	\$385	\$385	\$385
YOU SAVE!	\$77	\$84	\$77	\$77	\$77	\$77
<b>Series Fee</b>	<b>\$308</b>	<b>\$336</b>	<b>\$308</b>	<b>\$308</b>	<b>\$308</b>	<b>\$308</b>

\* the above rates are for 1 group studio class on that day, payable as a full series to receive the **Discounted Series rate** \*(an over 14% savings!!). For example, if you are taking a group class on Monday & Wednesday, you pay \$ 280 for January.. If you are taking Zoom •kor• Group & a Saturday Studio \$ 245

*\*All these fees include applicable taxes\**

### \*New Class for 2026\*

#### Veronica's Pilates Lab

This is a chance to explore the full Pilates studio.

Using a mix of classic apparatus and small equipment, each class feels a little different—encouraging curiosity, challenge, and a deeper relationship with your practice.

### •Studio Closures•

December 22nd - January 4th - **Re-open on the 5th** - Christmas Break

February 16th • Monday • Family Day

March 16th - 21st - **Re-open on the 23rd** - Spring Break Weekend

May 18th • Monday • Victoria Day